

After listening to competitors' comments the rules for 2017 have been updated, taking out some of the complexity of the competition. The marketing section has been removed completely allowing competitors to focus more on what they do best, which is to cook healthy food for school pupils. The changes allow chefs to demonstrate their skills but are still in keeping with a school meal setting and incorporating the School Food Standards and the Eat Well Guide 2016. The cost per head has been reduced to £1.30 to reflect a more realistic food cost within education catering.

# Could this be you?





Kath preparing her dessert

Kath with her winning entry dishes

Kath Breckon's moment of triumph



The 2016 national finalists appear on BBC TVs The One Show



EACH REGIONAL FINAL winner will receive a prize of £100

NATIONAL FINAL Winner £1,000 cash prize plus work experience trip

NATIONAL FINAL Highly Commended Main Course £500 cash prize

NATIONAL FINAL Highly Commended Dessert £500 cash prize

Key dates and entry form overleaf



# LACA SCHOOL CHEF OF THE YEAR RECIPE

# INGREDIENTS

A school cook with a passion A healthy menu Menu to be suitable for year 6 pupils Innovative use of Maggi and Nestlé ingredients Use of **sustainable** products (eq UK Red tractor, MSC) Locally sourced ingredients Your own light cooking equipment. 90 minutes to prepare, cook and present

# So easy to enter!

# LACA School Chef of the Year 2017

To register your organisation to take part in LACA School Chef of the Year 2017, please complete this form and return to the competition organisers – details below.

You can also register online at www.laca.co.uk

# **Key competition deadlines**

- Registration closes Friday 30th September 2016
- Closing date for entries Friday 27th October 2016
- Entry assessment days w/c 31st October 2016
- Three regional cook offs –November 2016 and January 2017

National Final – Thursday 2nd March 2017 at Stratford Upon Avon College and Stratford Manor Hotel

# Name of organisation LACA Membership Number Name of Local Education Authority LACA Region Manager's name Telephone number Mobile number Email address Postal address Signed Name Date

# Return this form to the LACA School Chef of the Year Competition office by Friday 30th September 2016

Email: SCOTY@dewberryredpoint.co.uk Fax: 0845 108 5505 Post: LACA School Chef of the Year 2017 Competition Office, Progressive House, 2 Maidstone Road, Sidcup, Kent DA14 5HZ Or register online at www.laca.co.uk