'Food for the Future in North Yorkshire'

Making sure everyone has nutritious affordable and sustainable food in North Yorkshire, for North Yorkshire

A Framework for Action!



North Yorkshire – Who are we?

Agriculture, Forestry and Fishing accounts for approx. 20% of local economy

47% NP/AONB – rural stone homes, fuel and digital infrastructure

Food Inequalities?
Areas of multiple
deprivation, particularly
Scarborough and Selby.
Accessing nutritious food
in rural places (30min plus
drive times)

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615,400 people

24.5% aged 0-24 (England average = 29.2%)

50.5% aged 25-64 (England average = 52.4%)

25% aged 65+ (England average = 18.4%)

The county is the largest in England at 8,000 square kilometres (3090 square miles)

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80.7% of North Yorks working population are economically active (Y&H = 77.4%, UK = 78.4%)

Ave household income after housing costs = £28,448 (Eng = £28,248)

Small but growing ethnic minority population – 6.7% (Eng = 25.6%)

85% of county classified as 'super sparse with a population density of 77 people per SqKm (Eng = 432)

'Food for the Future North Yorkshire' – a whole system approach

Making sure everyone has affordable nutritious and sustainable food in North Yorkshire, for North Yorkshire

Food Production

How it's grown
Regen-agriculture
Biodiversity of soil
Fisheries
Horticulture
Dairy and meat farming



From Large Corporations to Small to Medium Enterprises SME's (Deliciously Yorkshire)

Distribution

Food miles
Eat fresh, in-time delivery,
refrigeration, animal
transportation, waste disposal



(retail & market)

Eating out/take out
Supermarkets
Markets
Independent retailers
Community kitchens
Procurement/Supply chains



What, how and why we choose food
Our relationship and understanding
Across the lifecourse (children, families,
working age, older people)
Experiencing health inequalities
(accessibility, education, cultural values)

Waste, disposal & waste recovery

Household Agriculture Industry Commercial

Health

Economy

Environment

Our Place Shaping Role in the Food System

Statutory functions

Convenors

Catalysts

Partnerships & Collaborations



Local plan - food environment design and land use policies



Trading Standards and Environmental Health policy and regulations



Economic
development –
education & skills;
business
development



Systems team – Actors across the system; reenforcing loops; diverse insights



Contract and Procurement practices – food buying standards; supply chains



Children & Young
People – Healthy
Start, Healthy
Schools; free school
meals, education



Public Health –
health protection,
population health,
reducing inequalities



Enabling conditions for impactful action —
Partner buy-in, aligned vision, values and principles



Nature recovery – supporting regenerative practices



Climate Change – commitment to sustainable change



Local Engagement – enabling food citizens, stimulating action, advocacy



Transformative governance – Cohere action; trust; collaboration; equitable decision making

Our Aim in developing a 'Food Framework for Action'



- To connect the system to itself.
- To provide additionality to our actions through a partner led approach.
- To provide North Yorkshire's 'position statement' on the challenges in the food system and our willingness to develop partnership led actions for change
- To ensure outcomes give equal measure to great health, economic and environmental impacts across the food system
- Enables us to 'plug in' to wider transformational movements on food (Fix Our Food, OHID, DEFRA) to strengthen influence and opportunities that create aspirational change

H1 Present challenges Disruptions and innovations The desired future H2 H3 Inspirational practice in the present Essential features to maintain



Three Horizons — transformation of the food system

Where are we now? Understanding the current state of the system (H1)

Where do we want to be? Vision and values of a transformed system for the future (H3)

How do we get there, collectively? Actions that reinforce transformation (H2)

How will we know? Underpinned by transformative governance and evaluation

Journey so far

Transformative change & the '3 Horizons' Approach with Uni of York –understand current challenges, establish a vision and narrative for change & design actions that move us towards a better state

Task and Finish Groups engaging sector representatives on system issues

Developing narrative and framework formation

Exploring the 'domains of action'

Engagement with citizens and sector representation

Developing governance and evaluation frameworks

Community future food aspirations are system-wide

"If only we could....."

- "...feed the poorly and the homeless people" (KS3, Scarborough)
- "...make the most of what we have." (KS3, Skipton)
- "... have food near-by with a low cost." (KS3, Skipton)
- "...reduce the control of the supermarkets in the food chain." (SME)
- "...help the next generation understand the value & importance of healthy, local food [education]." (SME)
- ".....have no more need for foodbanks." (CFP)

- "...help people and families eat better & healthier within their current resources." (SME)
- "...teach people how to eat well." (SME)
- "...produce more sustainable, less processed foods". (KS3, Skipton)
- "... treat food as a public good and respect everyone's right to affordable, nutritious food." (CFP)
- "...have a system that means people don't have to choose between quality food and something else." (CFP)
- "...less single-use plastic..." (KS3, Skipton)

Let's Talk – resident survey findings



86% feel they have a healthy and balanced diet and would like more access to healthy foods. Skills and knowledge as well as access being factors affecting ability to eat healthily.



Access difficulties included transport/location and poor choice in shops/restaurants. People are most likely to say **lowering the cost of food** (59%), **reducing unhealthy food advertising** (53%), and **supporting local gardens or food projects** (50%) would make it easier to get healthy food



The most common things making it difficult to reduce food waste are **food going off** (58% of responses) and food being **sold in larger amounts** than needed (43%). Having the **skills and experience** of how to repurpose food waste or manage leftovers/excess were of interest.

The Action Domains for Transformative Change

Secure Affordable Nutritious Food for All

Raise Yorkshire Pride in Food Businesses

Welcome Innovation in Food Industry

Shape Local Spaces for Healthy Food Communities

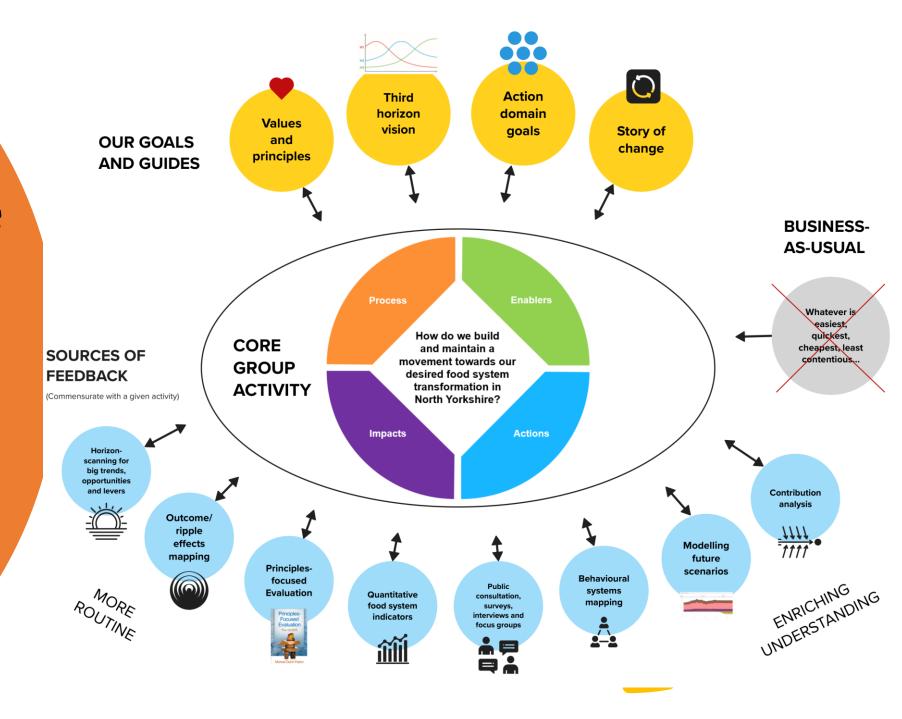
Produce Food with Nature

Create an eat well culture through valued nutritional health education

Facilitate Circular Food Economies

Action Domain	Priority Identified Actions for Transformation
Securing affordable nutritious food for all	 Connect local community food providers and set up local joint arrangements. Implement a 'local sourcing' food procurement policy Train health professionals and organisations in food insecurity issues
Raising Yorkshire pride in food businesses + Welcoming innovation in food industry	 Develop a North Yorkshire strategy for holistic food/business approaches Establish food enterprise zones Establish a dynamic food purchasing system
Shaping local spaces for healthy food communities	 Establish 'know how to grow and cook' schemes in schools and communities Establish a county-wide community growing initiative
Producing food with nature	 Invest in farmer-led knowledge transfer about regenerative agriculture Introduce differential lending for regenerative farming investments Develop a public-facing campaign for direct action in food sustainability
Creating an eat well culture through valued nutritional education	 Develop and roll out a 'whole school approach to food' Embed Rethink Food's 'high school ready' programme for Year 6 pupils
Facilitating circular food economies	 Ensure stronger retail incentives for regenerative farming Support business clusters through investment and local planning

Is what we are doing, and how we are doing things, making any difference?



Underpinning Supportive actions — what will create the conditions for change?

Distributive Governance and System Evaluation frameworks

Sustainable Food Places Membership – connecting to a national network. Wider recognition and status

Website and Communications plan – partner-based platform with a range of materials for a range of stakeholders

Continuous Learning – develop learning networks. Capitalising on best research, evidence and existing opportunities

Funding and Resource Strategy – Understanding how we work within our resource envelopes, align opportunities and lever external investment

Policy Development – locally and nationally influencing system drivers

Some early impacts and emerging work

Community Grow Policy – supporting revitalisation of council owned pockets of unused land

Public Procurement – embedding strategic priorities. Creating opportunities for local suppliers

Dynamic Purchasing feasibility – creating positive competitive conditions for locally focused, smaller enterprise

Free School Meals Auto Enrolment – identifying eligible school children, registering and drawing in funding support

Whole School Approach – refining Healthy Schools Award

Local Plan – healthy food advertising, hot food takeaway policy, evidence building for the new Plan

Developing Evaluation – impact reporting on system effectiveness and long-term change

Thank you!

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